



GRIEF EDUCATION: PREPPING FOR THE HOLIDAY SEASON

Death changes us: Ever heard a griever say: *“If I could sleep from the week of Thanksgiving and wake up on January 2nd when the holidays are over”?*

Tittle-Pennic Grief Counseling & Consulting provides grief wellness education and support to schools, churches, organizations and corporations. Allow us to assist in navigating the emotions of the holiday season.

BOOK YOUR TRAINING:

 **615-900-0433**

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